

Audio Visual Resources
 Key: * Materials Reviewed Recommended
 ** Materials Reviewed by Other Sources
 Available at BMPC unless otherwise indicated

| Grade | Title | Format | Description | Distributor | Available for Review |
|------------|---|--|---|---|----------------------|
| ** Pre K-2 | For Pete's Sake, Tell! Keeping Children Safe from Sexual Abuse | DVD VHS English or Spanish \$34.99 10 minutes | A friendly neighbor invites young Peter Mouse over for ice cream and to play the latest video game. But it's all a trick by the neighbor to get Pete alone to show him bad pictures and to touch him in ways that shame and frighten Pete. Pete tells his cousin Penelope about the neighbor and she sends him to report this situation to a responsible adult in order to stop it. | Video includes a 50-page leader's guide. May be purchased from <u>http://www.videoswithvalues.org/</u>. | yes |
| ** Pre K-2 | Speak Up! Say No! Keeping Your Child Safe from Sexual Abuse | DVD VHS English or Spanish \$34.99 10 minutes | In simple drawings and character voices, we see how young Penelope Mouse's uncle attempted to touch her in ways that were not okay. When she had the courage to tell her parents, she learned that none of it was her fault, and that children need to know the difference between touching that is "okay," and "not okay." She also learned that no matter who is doing the touching, children must tell a responsible adult. | Video includes a 40-page leader's guide. May be purchased from <u>http://www.videoswithvalues.org/</u>. | yes |
| * Pre-K-2 | Stranger Safety | DVD English with Spanish Subtitles \$12.99 42 minutes | This video is focused on all aspects of personal safety, not only awareness of strangers. It also emphasizes the identification of safe or trusted adults. | The video can be previewed online at <u>www.thesafeside.com</u>. A lesson plan for teachers and discussion pointers for parents are available. | yes |

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| *K-2 | Wise Owl Says: When Telling Isn't Tattling | DVD English CC \$99.95 12 minutes | This engaging video combines animation and live-action segments to help young viewers understand the difference between tattling (landing someone else in trouble) and telling (aiming to help someone solve a problem). | This video can be previewed at www.hrmvideo.com . Video includes a teacher's resource book (PDF file), pre/post tests, fact sheets, learning objectives, and more. | yes |
| *K-2 | It's Your Body: You're in Charge | DVD VHS English \$99.95 20 minutes | This is a good video that covers the basic safety rules very young children can be expected to master and use for their own benefit. Although it uses the concept of "good" and "bad" touch, it explains those concepts in the more useful terms recommended in the Diocese of Tucson Personal Safety Curriculum. The video is short, with repetitions. | Available from www.sunburst-media.com or 800-431-1934 | yes |
| **K-2 | What Tadoo | DVD English | With the help of two puppet frogs, What and Tadoo, Thaddeus learns how to protect himself from strangers with four basic rules: Say No, Get Away, Tell Someone, and if needed, Yell. Highly recommended by prevention professionals, this program looks at the lures strangers use to entice children, and the "uh-oh" feeling they experience with certain touches. Straightforward yet entertaining with a catchy song and charismatic puppets. | Produced by J. Gary Mitchell Film company and available from www.empowerkids.com or call 800-301-4050. Program includes study guide. | yes |

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| *K-5 | "Strong Voices, Smart Choices" | DVD English \$100.00 institution 10 minutes | This video begins with a friendly local, the librarian, offering water to Ben during a break from the soccer game. Ben's parents were concerned about the encounter and enlisted Ben's older brother and friends to turn their speech class project into a personal safety presentation. The teens present an animated lesson that illustrates the difference between trusting adults and respecting adults. | Video includes a 10 page leader's guide. This video was produced by the Diocese of St. Cloud and can be previewed at http://www.stclouddiocese.org/about/safe-environment/safetyvideos.html | yes |
| *K-6 | "Router's Birthday Surprise!" | DVD English/Spanish Also available as a free download 25 minutes | An entertaining and fast-paced animated adventure delivers comprehensive personal safety information to children ages 5-10 and teaches them to identify and defeat on-and offline risks. | The video can be viewed online at: www.NetSmartz.org/rbs . | yes |
| **2-4 | What Tadoo with Secrets | DVD English \$95.00 institution \$24.95 home 19 minutes | Seven year-old Juliette learns that secrets can be good or bad, and that telling bad secrets to a caring adult is the right thing to do. Professor Sir Hillary Von Carp and his wise frog friends, What and Tadoo, team up again to teach important lessons in making choices, distinguishing "good" secrets from "bad," and following basic rules for getting help or helping oneself. | Produced by J. Gary Mitchell Film company and available from www.empowerkids.com or call 800-301-4050. Program includes study guide. | yes |
| **2-5 | Can't Fool Me! | DVD English \$59.95 (\$14.95 for parents; \$9.95 for Download) 20 minutes | Personal safety skills learned through upbeat songs as the Yellow Dyno Band gets ready for the big concert at school. | Available from http://www.yellodyno.com . | yes |

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| **3-4 | Believe Me | DVD English \$95.00 institution \$24.95 home 20 minutes | Children who are sexually abused are confused, scared, and hurt. To make matters worse, once they find the courage to reveal the abuse, they're often unable to get adults to believe them, especially if their abuser is a relative or close friend of the family. This program helps youngsters understand that it's wrong to be touched in ways that make them uncomfortable. Todd, a 3rd grader, learns from his puppet friends that he does not have to play "special games" and keep them secret. He also learns that sometimes you have to tell, and tell, and keep telling until someone believes you. | This program includes a study guide and is available from www.empowerkids.com. | yes |
| *3-5 | If It Happens to You: Dealing With Abuse | DVD VHS English \$99.95 20 minutes | This program talks to elementary-aged children about a difficult subject--abuse. Sensitive, age-appropriate scenarios explore three types of abuse: physical, psychological and sexual as seen through the eyes of children. Students learn safety rules, with a particular emphasis on telling an adult they trust what is happening and continuing to tell until someone takes action to stop it. | Available from www.sunburst-media.com or 800-431-1934. | yes |

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| *3-5 | When Should You Tell? | DVD VHS English \$79.95 14 minutes | This video is focused on helping young children find the courage to tell someone if they feel scared or uncomfortable. It builds on the growing sense of the interior experience of right and wrong. It is focused on sexual abuse and uses the story of one young girl to bring out the key points. It illustrates the impact of education and models the appropriate response of a teacher when faced with a disclosure of possible abuse. | Available from www.sunburst-media.com or 800-431-1934. | yes |
| **4-7 | Tricky People | DVD English \$59.95 institution (\$14.95 for parents; \$9.95 for download) 40 minutes | A suspense/music DVD that teaches children how to recognize, avoid, and escape the deceptive behavior of Tricky People. | www.yellodyno.com | yes |
| *5-8 | Break the Silence: Kids Against Child Abuse | DVD VHS English or Spanish \$99.95 30 minutes | Four children speak about their varied experiences of abuse or neglect. This presentation leads easily into a discussion with children. | May be ordered by calling Discovery Education at 1-877-900-8830 | yes |
| *5-9 | The Internet and You: Staying Safe | DVD VHS English \$129.95 15 minutes | This video is fast-paced and varied in the types of Internet dangers it addresses. Looking at scams, viruses, distasteful spam, phishing and cyber-bullying in addition to the expected attention to sexual predators in chat rooms and social networking sites, the narrator weaves humor around the serious messages. Clear rules are offered to the young viewer in a manner that gets attention without creating fear. | Available from www.sunburst-media.com or 800-431-1934. | yes |

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| *5-9 | B Careful When U Txt: The Dangers of Texting and Sexting | DVD English CC \$129.95 19 minutes | By using dramatic scenarios and first person experiences, this video explores the negative and positive sides of this technology. Viewers will receive a primer on the Do's and Don'ts of texting, the laws on privacy and child pornography, boundaries, unforeseen consequences and the need to "think before you click." | This video can be previewed at www.hrmvideo.com. This video can be previewed at www.hrmvideo.com. Video includes a teacher's resource book (PDF file), pre/post tests, fact sheets, learning objectives, and more. | yes |
| *5-9 | Bad Friendships: Doing More Harm Than Good | DVD English CC \$129.95 23 minutes | In this video you will watch a diverse selection of young people describe their own involvement with bad friends, and identify the characteristics they now seek in friends. An adolescent psychologist advises teens who are enmeshed in these types of negative relationships to either change the dynamics of these friendships or move on to more positive peer connections. | This video can be previewed at www.hrmvideo.com. Video includes a teacher's resource book (PDF file), pre/post tests, fact sheets, learning objectives, and more. | yes |
| *5-9 | Flirting or Hurting? When Is It Okay, When Is It Harassment? | DVD English CC \$129.95 20 minutes | This video deals with the challenges middle schoolers face when figuring out what actions and words constitute flirting and what behaviors cross the boundaries into sexual harassment. Viewers learn what it means to cross the line whether in person, through texting or online and are reminded of the serious consequences for both the target and the harasser. | This video can be previewed at www.hrmvideo.com. Video includes a teacher's resource book (PDF file), pre/post tests, fact sheets, learning objectives, and more. | yes |

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| *6-8 | "Personal Power" | DVD English \$100.00 10 minutes | Personal Power addresses real situations young people encounter and provides good advice for handling these situations. This video is a companion piece to "Strong Voices, Smart Choices." In this video, Zach and his friends develop their safety presentation for a pre-teen audience. Topics include the dangers in social media , texting and portraying yourself as older than you really are. | Video includes a 10 page leader's guide. This video was produced by the Diocese of St. Cloud and can be previewed at http://www.stclouddiocese.org/about/safe-environment/safetyvideos.html | yes |
| *6-12 | Breaking the Silence: Preventing the Sexual Abuse of Minors | DVD English \$29.95 15 minutes | Produced by the Diocese of Orange, this DVD deals only with sexual abuse and is useful to expand the discussion to include the more common types of abuse: emotional/neglect and physical. | The video can be reviewed and ordered online at www.rcbo.org. Click Protecting Children and youth, then Breaking the Silence. | yes |
| **6-12, Parents and Staff | Internet Safety | DVD English or Spanish Free | This video speaks in English and Spanish to middle and high school-aged children about protecting themselves from Internet predators and scam artists. It is also a valuable tool for parents and staff to learn more about what children have access to online and how to protect them from danger. | The DVD is produced by the Arizona Attorney General's Office. Order at www.azag.gov or by telephone: Tucson: 520-628-6504; outside metro Phoenix and Tucson: 800-352-8431. The OCAAP office has a limited supply available. | yes |

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| *7-12 | A Rose For Livvy: Teens & Internet Safety | DVD English \$89.00 29 minutes | This video builds a compelling story about the near-victimization of a 16-year-old girl by an Internet predator. Livvy is the new girl in town; she is the victim of neglect in her own family. In short, she is a tragic example of a very vulnerable youth. The video uses the character of one of her teachers to demonstrate how simple and yet powerful a personal safety class can be. Students will learn about the dangers of Internet chat rooms and believing that they are not at risk. | Available from www.sunburst-media.com or 800-431-1934. | yes |
| *7-12, parents and staff | A View from the Shadows: Talking About Child Sex Abuse | DVD English \$70.00 30 minutes | This DVD is aimed at parents who want to know how to speak to their children about sexual abuse. Two young victims of abuse share their stories in the video which makes it useful for the education of high school age students and for mature middle school age students. | This video can be purchased from You Have the Power, www.yhnp.org. | yes |
| *7-college | Bullying: You Don't Have to Take It Anymore | DVD English \$139.95 22 minutes | This video discusses various options that can be taken by school officials, teachers, parents, students and bullies themselves to put an end to this emotionally scarring phenomenon. | This video can be previewed at www.hrmvideo.com. Video includes a teacher's resource book (PDF file), pre/post tests, fact sheets, learning objectives, and more. | yes |
| *7-college | Violence Against Women: Beyond the Statistics | DVD English \$139.95 32 minutes | Female victims, their assailants, psychologists, legal experts and domestic violence experts are interviewed throughout this video. This video provides a clear picture of the causes of abuse and violence against women, as well as steps that may be taken to reduce and prevent these crimes. | This video can be previewed at www.hrmvideo.com. Video includes a teacher's resource book (PDF file), pre/post tests, fact sheets, learning objectives, and more. | |

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| **8-12, Parents | Behind the Screens: Child Sex Abuse on the Internet | DVD English \$70.00 16 minutes | The Internet may be a seemingly innocent way to make friends, but the two victims appearing in the film issue a stern warning. Katie was molested by a man she met in a teen chat room. She was re-traumatized by a community that did not understand. Dani had an e-mail relationship with a man she thought was a former schoolmate. She learned the truth when the FBI came to her home and told her that he was actually a pedophile and that she would likely have been his next victim. Representatives from the FBI and national Center for Missing and Exploited Children offer advice on how to stay safe online. | This video can be purchased from You Have the Power. www.yhtp.org | yes |
| **8-12, Parents | Reviving Ophelia | DVD English Free 100 minutes | “Reviving Ophelia” addresses the pressures inherent in many teenage relationships; the basic issue is the true meaning of love. Although the story is told from the perspective of teenage girls, the lessons are equally applicable to teenage boys. The program is divided into three episodes and comes with a trainer’s guide. This video is also a good resource for parent education. Both parents and teens will relate to the issues of cell phone abuse, texting, teen sex, trust, truthfulness and control. | This video can be ordered throughhttp://www.mylifetime.com/movies/reviving-ophelia | yes |

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| *9-12 | Youth Protection: Personal Safety Awareness | DVD English or Spanish \$9.99 | This video is produced by the Boy Scouts of America, Youth Protection. It is designed for teenagers and young adults, male or female. It is made up of vignettes designed to elicit discussion about the range of issues that pose threats to the healthy development of young people. The discussions then shaped by the leader to fit the local situation. | The video is available through Boy Scouts. The Scout Shop in Tucson can be reached at 520-750-9877 and is located at 5049 E. Broadway (at Rosemont) | no |
| *9-12 | Youth Protection: Personal Safety Awareness | DVD English or Spanish \$9.99 | This video is produced by the Boy Scouts of America, Youth Protection. It is designed for teenagers and young adults, male or female. It is made up of vignettes designed to elicit discussion about the range of issues that pose threats to the healthy development of young people. The discussion is then shaped by the leader to fit the local situation. | The video is available through Boy Scouts. The Scout Shop in Tucson can be reached at 520-750-9877 and is located at 5049 E. Broadway (at Rosemont) | no |
| *Parents | Good Touch, Bad Touch: The Parent Talk | DVD English \$30.00 42 minutes | This video begins with a conversation in a living room setting with parents. As parents listen to the questions and answers, it is very much as if they were there participating in the conversation. | Available from http://www.childhelp.org or by calling toll free: 800-245-1537 | yes |

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| | *Catechist, Parents Good Touch, Bad Touch: Talk for Parents and Kids | DVD English \$30.00 3 lessons: #1: 40 minutes #2: 14 minutes #3: 34 minutes | This video begins with a kindergarten class. As parents (or teacher) and child watch the video together, they also learn the basic safety rules embodying the concept that if they are feeling unsafe or uncomfortable, they should tell a trusted adult. Parents (or teacher) learn how to intervene if and when the child comes with a concern. May be a good training video for catechists. | Available from http://www.childhelp.org or by calling toll free: 800-245-1537 | yes |
| | *Parents, Teachers Bless Our Children: Preventing Sexual Abuse | DVD English \$99.00 40 minutes | This DVD is useful for leading discussions on the importance of education for children in personal safety. Although it focuses on sexual abuse prevention, the lessons are appropriate for any aspect of education to help children be part of the web of safety we seek to weave. It is also an appropriate resource for education of employees and volunteers regarding the importance of personal safety education for minors. | The video can be purchased from Faith Trust Institute at www.faithtrustinstitute.org or by phone: 877-860-2255. | yes |
| | *Parents, Staff A View from the Shadows: Exposing the Mind of Child Sex Offenders | DVD English \$70.00 20 minutes | This DVD is a revealing set of disclosures by incarcerated child sexual abusers to how they manipulated children and families. It is a powerful incentive to parents regarding the importance of being watchful and educating children. | This video can be purchased from You Have the Power, www.yhtp.org. | yes |

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| | Una visión desde las sombras: Abuso sexual infantil en la comunidad hispana | DVD Spanish \$70.00 20 minutes | This DVD, through the stories of two women abused as children, encourages viewers to be aware and make reports to law enforcement when abuse is experienced or suspected. | This video can be purchased from You Have the Power, www.yhtp.org. | yes |
| | Critical Conversations Serving Today's Church | DVD English Lay Minister DVD Deacon DVD \$675.00 | This Virtus program is designed to communicate a deeper understanding of ministerial boundaries and the emerging role of the internet. Case studies are used to provoke critical conversations. Plan 40 - 60 minutes for each session. | This training resource includes 2 DVD's, trainers information, participant materials, reference materials and articles. This resource includes the two programs, one for deacons and one for lay ministers. | yes |
| | Priestly Relationships: Freedom Through Boundaries | VHS English \$50.00 | This video is designed to provoke discussion among priests as to how social needs can be met while maintaining boundaries appropriate to the role and public commitments of the priest. | It was published by the National Organization for the Continuing Education of Roman Catholic Clergy. Quantity discounts available. To order: nocercc@nocercc.org | yes |
| | Men Vowed and Sexual: Conversations about Celibate Chastity | VHS & DVD English | This program is a set of six videos designed to elicit discussions about a range of topics relevant to living chastely as a celibate man. | It was published by the Conference of major Superiors of men. Although published in 1993, it remains a useful tool for seminars on this subject and serves diocesan priests as well as religious priests and brothers. | yes |
| | A Sacred Trust: Boundary Issues for Clergy and Spiritual Teachers | DVD English \$300.00 | This DVD is a four-part series for teaching all workers in the church about boundaries. | The video can be purchased from Faith Trust Institute at www.faithtrustinstitute.org 877-860-2255 Alternately, programs using this video can be brought to the parish or school by pastoral center staff. | yes |

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| *Clergy, lay leadership | The Healing Circle: Victims of Sexual Abuse Share their Stories. | DVD English \$45.90 61 Minutes | This video portrays the telling of stories by victims of sexual abuse, a priest offender, other clergy, and lay persons. In their stories, the video brings home the varied and long-lasting effects of sexual abuse within the Church. | http://healingcirclegroup.com | no |
| *Clergy, lay leadership | Instruments of Hope and Healing | DVD with supporting print material | The program is based around four vignettes intended to promote discussion about pastoral boundaries. | Use can be arranged through OCAAP | no |